

Your opinion matters! Please complete the following survey and return to the Senior Center electronically, mail, or even in person. Thank you.

What is your age? Under 50 50-65 65 or older

How do you identify your gender? Male Female

Are you? Single Married Other

To which racial or ethnic group(s) do you most identify? African American

Caucasian Latino or Hispanic Native American Asian/Pacific Islander

Have you ever visited the Gladstone Senior Center? Yes No

If you have visited us, how did you get to the Senior Center? Walk Drive Public Transportation Senior Center Tram

Did you know that you could call the Senior Center to get information about services that you or a family member might need, such as home-delivered meals? Yes No

How can we better promote our services to the residents of Gladstone? _____

At the Senior Center, have you ever attended any of the following?

Programs Services Events Classes Gladstone Community School
Cultural Events Lunch Other _____

In your opinion, does Senior Center offer programs of interest to people aged 60 and older?

Yes No

If the Senior Center were to offer more programs, what type(s) would you like to see here?

Physical activities Classes Public Forums Cultural Events Other _____

For the events we do hold, what times are more appealing to you to increase the likelihood you will attend? 8:00am – 11:00am 11:00am- 1:00pm 1:00pm- 5:00 pm Later

What services, programs, etc., are important to you that you would like to have added to the Senior Center? _____

The Senior Center relies heavily on volunteers from the community to operate. How can we make the Senior Center a more appealing place to volunteer? _____

For more information about this survey, please contact Colin Black by phone at (503) 655-7701. You can also email Colin Black at black@ci.gladstone.or.us



The Gladstone Senior Center is proud to serve the residents of this great city. Ideally located in the heart of Gladstone near Gladstone High School, the Senior Center has been a treasured fixture of our community since 1981. So how does a senior center improve our city? A quality senior center is a valuable asset for the city it serves. It can spur development, raise property values, and enhance the quality of life its residents, making the community a more attractive place to live. In order for us to continue to serve our community, we need your input in understanding what programs do and do not work. If you would take a moment to complete this survey, it would be most appreciated. Even if you don't utilize our services, your opinion still matters.

We are a city funded center providing services to the disabled and aging adult community. The services we provide are essential to the physical and psychological well-being of our aging population.

Our nutrition program provides meals to home bound clients Monday through Friday and Tuesday through Thursday we provide a congregate lunch. Through our program, we provide over 14,000 meals per year, at little to no cost for our recipients.

We also have a transportation program that offers rides Tuesday through Thursday for lunch, medical appointments, shopping, and on Fridays we have excursions to area attractions.

Service	Days Offered	Time
Lunch	Tuesday Through Thursday	Pick up begins at 10 am
Shopping	Tuesday and Wednesday	After lunch
Medical Appointments	Tuesday Through Thursday	Call for more information
Excursions	Fridays	Call for more information

The Senior Center is a social services agency. In addition to the services listed above, we also provide assessments, information & referrals, case management, reassurance, health education (foot, blood pressure, and flu clinics), tax assistance, and veteran information. As a way to keep our aging population engaged, we offer several programs and activities throughout the week. Here are some examples of what we currently offer at no cost to participants:

Program	Days Offered	Time
Bingo	Tuesday	12:30 pm
Bunco	Wednesday	12:30 pm
Pinochle	Thursday	12:30 pm
Bridge	Friday	12:00 pm
Chair Exercise	Tuesday and Thursday	10:00 am
Billiards	Monday through Friday	8:30 am – 5:00 pm
Book Club	3 rd Monday of each month	10:30 am

There are also classes ranging from painting to yoga which are offered through the Gladstone Community School that are held at the Senior Center. For more information, please visit: <http://gladstone.k12.or.us/district-departments/community-education/>

The services we provide, we do so at the lowest cost possible or a suggested donation.

We also rent our facility for special events or parties. For more information, please visit: <http://www.ci.gladstone.or.us/senior-center/>



GLADSTONE CITY NEWSLETTER

AUGUST 15, 2016

For the latest information about our City, visit www.ci.gladstone.or.us

VOLUME 42, NO. 8

Elections: City of Gladstone Ballot Measures

The City of Gladstone will have a busy election season in November with a number of Measures for citizens to vote on. They are as follows: • Shall Gladstone prohibit medical marijuana processors, medical marijuana dispensaries, recreational marijuana producers, processors, wholesalers, and retailers in the City? • Shall Gladstone impose a three percent tax on the sale of marijuana items by a retailer? • Shall Gladstone amend its Charter to require voter approval to remove “park” designa-

tions for City-owned property? • Shall Gladstone amend its Charter to require voter approval for the sale or lease of City-owned parks? There is one additional item pending Council action that could be on the ballot however, a decision will not have been made by this newsletter’s deadline. It is: • Possible amendments to the City of Gladstone Charter. For more information on these Measures, visit the City’s website at <http://www.ci.gladstone.or.us/gladstone-2016-elections>.

Nuisances

Similar to most cities, Gladstone administers a “nuisance code” which essentially prohibits conditions that may affect public health or safety. For example, unsanitary and unsafe conditions such as accumulations of debris or rubbish or storage of junk, obstructing clear vision at an intersection, tall grass or weeds are all prohibited by the nuisance code. A public nuisance may also be caused by any fence, dam or other obstruction of any kind in a natural water course that could back up water and significantly affect other property or improved public street. For questions about nuisances, you may view Chapter 8.04 of the Gladstone Municipal Code online at www.ci.gladstone.or.us or to report a nuisance, please call Code Enforcement at 503-479-6859.

Gladstone Police Dept. (GPD) News

Message from Police Chief Jolley: The recent shooting of a Gladstone Police Sergeant brought home all too clearly the unrest police departments nationwide are feeling. While we at GPD know our community supports, cares, and advocates for us, it is clear there is a segment of people who do not value the police, rule of law, or the society we seek to protect and serve. Please know that we are grateful that Sgt. Jundt is doing well, recovering and resting at home with family. It is fortunate that no civilian was physically harmed and for that we are proud to have served our purpose. We are also proud to serve the community of Gladstone and have been deeply moved by the outpouring of support and love shown to us by our citizens. We could not have been successful without our law enforcement partners who valiantly responded to the challenge presented on August 8th. I want you to know how proud I am of the men and women of the Gladstone Police Dept for stepping up in response to this cowardly, unprovoked attack. Officers of GPD, civilian staff, and police chaplains responded and banded together to ensure seamless police coverage of the community. I could not be more proud of the men and women of GPD. Finally, I wish to renew my pledge, and that of my department, of continuing to serve and protect the community of Gladstone. As we continue to heal, know that we are committed and always ready to respond when and where needed.

Clackamas River Project

Century Link has a conduit crossing along the Clackamas River adjacent to the Hwy 99E bridge that has become exposed due to years of erosion and changes in river flow. With approval of the Army Corps of Engineers and Oregon Dept. of State Lands, Century Link has hired contractors to install rock to fill voids under the conduits and place articulated-concrete mats over the top of the conduit. Upon completion, the project area will be restored with native plantings. Project construction is scheduled through August 31st. There will be reduced access for boaters & recreation users on this area. For more information, contact Scott Miller, Century Link Field Engineer at scott.miller4@centurylink.com.

Drop Off Unwanted Prescriptions at Police Dept.

Flushing drugs down the toilet or putting them into the garbage can have damaging effects on our environment and can contaminate our surface and groundwater supplies. Both drinking and wastewater treatment plants are not designed to treat for these kinds of chemicals. Drop off your old, expired or unwanted prescriptions at the Gladstone Police Dept lobby—MED RETURN receptacle, Monday-Friday, 8am to 5pm. The green and blue “Med-Return” receptacle has easy to follow directions, does not require any paperwork and there is no fee.



The Heat of Summer & Outdoor Burning

Summer is a great time to be outdoors with your family and have a BBQ. Just remember to use great caution with recreational fires in the months of August and September. Even with a few wet days and a sprinkle here and there, the relative humidity in these months is lower and we are more susceptible to accidental fires. Remember the rules for outside fires: *Attend your fire at all times. *Have a garden hose or a shovel close to extinguish the fire if needed. *The only materials allowed to be burned in the City is clean seasoned firewood. *Under no circumstances are you allowed to burn leaves, yard clippings, painted wood, plastics or garbage of any kind. *Always watch for burning ambers floating away from your fire. REMEMBER, even when burning a legal fire, if your event gets away from you or damage is caused to the property of another, you can be held personally liable for any damage you have caused.

Disclaimer: This Newsletter contains information provided by various community individuals/groups which are not affiliated with the City of Gladstone. The City does not necessarily endorse such information and provides it simply as an informational service to our community.

Take Note—School Starting Soon!



Gladstone students will be returning to school on Wednesday, September 7th, just after the Labor Day holiday. Local drivers are reminded to use extra caution this time of year. Many people assume that motorists who speed in school zones are commuters or commercial drivers. However, our Traffic Safety Commission and Police Department reminds us that many speeders are local residents, especially parents who are rushing to drop off or pick up their kids from school. Please pay extra attention to stop signs, crosswalks and your vehicle speed when driving through school zones where the speed limit is 20 mph when posted or when school zone lights are flashing. Thank you!

Coffee with a Councilor

Coffee with a council member assists the Council to better communicate with the residents and businesses of our community. This is an informal meeting with 1-3 council members. Bring ideas, concerns and solutions to make Gladstone a better community. Upcoming meeting dates at the Gladstone Library are: Sept. 12th, 10am and Sept. 26th, 6:30 pm. Please come and share your thoughts.

Public Works Reminder

As summer draws to a close, the Gladstone Public Works Department wants to remind residents of our responsibility to maintain clean and healthy waterways. The City operates under a Municipal Stormwater Permit issued by the State Department of Environmental Quality (DEQ). This permit authorizes stormwater discharge into receiving water bodies (which in our case is the Clackamas and Willamette Rivers). To meet the strict requirements of our stormwater permit, we must provide oversight of runoff into our streams and rivers. One of the ways residents can help us meet the mandatory requirements and goals of our permit is to limit any sources of pollution to stormwater catch basins. We ask you to be mindful about not washing pollution sources, such as animal waste, gasoline, oil, pesticides and herbicides into the streets. Also, at this time of the year, some residents may begin to put their backyard swimming pools to bed for the season. High chlorine discharge, soaps, surfactants, etc. must not be discharged into the stormwater catch basins. For guidelines on disposing of chlorinated water, please visit the DEQ website: www.deq.state.or.us/pubs/reports.htm.

Got Water? Be Prepared.

Get Prepared. Order your FREE 3 gallon water container. September is National Preparedness Month, and Clackamas River Water Providers (CRWP) wants to help customers prepare for earthquakes, forest fires or other emergencies that could interrupt the delivery of drinking water. Following a disaster or loss of water supply, clean drinking water may not be available, so it makes sense to store enough water for several days. Storing an emergency supply of water—along with food and other life-sustaining items—is a critical component in any household emergency kit. In an emergency you will need a minimum of 3 for 3: 3 gallons per person for 3 days. You can pre-order a FREE 3 gallon BPA-free water container. This program has a limited budget so pre-orders will be taken while supplies last. Visit www.clackamasproviders.org/emergency-bottled-water-program. Limit 4 per household. Once your pre-order has been verified a confirmation e-mail will be sent with details about when & where to pick up your containers. CRWP is working with the American Red Cross to raise awareness that emergency preparedness is a shared responsibility. For more information on how to assemble a household emergency kit, go to *Be Red Cross Ready*.



Employment Opportunities

The City is accepting applications for a Senior Center Office Assistant and Temporary Seasonal Public Works employees. For info, visit the employment page at www.ci.gladstone.or.us.

City Offices Closed—City Offices will be closed on Monday, September 5, 2016 in observance of Labor Day.

25th Anniversary—High Rocks

High Rocks Restaurant, 915 E Arlington, is celebrating their 25th Anniversary. We opened on 09-11-1991 after remodeling an empty building. Our biggest thanks is to the community of Gladstone for supporting their business for all these years! In turn, we try to support all local businesses and local events as we can. The family business is now being managed by family members—son Jeff & his wife, Lori. Our other son has Nob Hill Bar & Grill on NW 23rd and just celebrated their 30th year. We are celebrating all day on Sunday, September 11th, so stop by to see us! Hook & Elaine Hermens

SHOC Golf Tournament

The Sherie Hildreth Ovarian Cancer (SHOC) Foundation is hosting their 8th Annual Drive Out Ovarian Cancer Golf Tournament on Friday, September 9th at Langdon Farms Golf Club, 24377 NE Airport Road, Aurora. This is an 18-hole, 4-person scramble with a shotgun start. Registration, includes golf & lunch, is \$135 for a single player or \$500 for a foursome. Proceeds benefit research of Ovarian and other Gynecological cancers. For info, visit www.shocfoundation.org.

Library Foundation (GPLF) News

*Once again our annual book sale was a big success thanks to our volunteers and customers. We appreciate your patronage! *Did you hear about our Books on Buses? Successfully done in Portland Public Schools, the Foundation has purchased a bag for every school bus in Gladstone. Parents will receive information about the use of the books. The library and the Foundation are committed to support literacy. The slogan: "Take it. Share it. Keep it. Exchange it. Trade it." *Baskin-Robbins' Community Appreciation Day is Wednesday, August 31st from 2-6pm. We will be there to hand out books to the children. *Information on how to link your Fred Meyer Rewards card to the Gladstone Public Library Foundation were handed out at the book sale. You won't lose your reward points. Forms are also available at the Library. Visit www.doyoushop@fm.com to sign up. *Learn more about our Foundation by attending one of our meetings held the first Monday of the month at Somerset Community Center at 6:30 pm. Call 503-260-4786 for more info.

Library News—135 E. Dartmouth

503-656-2411

► **Dungeons & Dragons**—Sept. 19th, 4:30 pm. Whether you already love D&D or just want to see what it's all about, join us for an evening of adventure!

► **Rock Readers Book Club**—Sept. 20th, 6:30 pm. This month the club will discuss *Hunting Shadows* by Charles Todd. Books can be checked out at the Info. Booth.

► **Dr. Who Club**—Sept. 15th, 6:00 pm. Are you a fan of Dr. Who? Meet fellow fans, watch an episode, and share any show related news. All ages are welcome.

► **Playgroup**—Sept. 1st, 9:30 am. Enjoy a morning of playing and reading books with your child before the library opens officially.

► **Toddler Storytime**—for 0 to 3 years. Tuesdays at 9:30 am. This storytime is geared toward ages 0-3

with songs, books and play for early development. Older siblings are welcome to come sing & dance.

► **All Ages Storytime**—Thursdays at 9:30 am (No storytime on Sept. 1st). All ages welcome to join us for books, songs, rhymes and movement activities that build literacy and language skills.

► **Lego Club**—Sept. 14th & 28th at 3:30 pm. We provide the Legos, you provide the imagination.

► **Book Buddies**—Sept. 19th at 3:30 pm. Grab a book, chat about it with your friends, and make some cool crafts. Snacks provided. Free books while supplies last.

► **Origami 101**—Sept. 30th, 3:30 pm. Want to make a Yoda, or a simple box? This workshop will get you started with the basics of origami.

► **Teen Video Game Night**—Sept. 1st, 6:00 pm. A video game event for teens also including board games & refreshments!

► **Teen Advisory Group (TAG) Meeting**—Sept. 22nd, 4:00 pm. Interested in representing teens at the library? TAG is a great volunteer opportunity to help plan events and shape the young adult space & collection. Ask for information or an application at the Info. Desk.

► **Black-Out Poetry**—Sept. 29th, 3:30 pm. In celebration of Banned Books Week, come try your hand at a little creative censoring of unused book pages to make your own poetry! All teens welcome, snacks provided by the library.



Senior Center Events—1050 Portland Ave

503-655-7701

◎ **Foot Care**—September 14th at 11:30 am. Foot care discussion by the staff from Oregon State University Extension Program. This is a free event open to all.

◎ The Senior Center offers lunch Tuesday through Thursday at 12:00 pm. Cost is a suggested donation of \$2.50 for those age 60 or older or a cost of \$4.00 for everyone else. All are welcome to enjoy a gratifying, nutritious meal. Immediately following all meals are events for all to participate. We hope to see you! For more information, call the center at 503-655-7701.

Upcoming TRAM Trips—Call 503-655-7701 to Sign Up/Information

***Sept. 8th**—Steel Magnolias at Clackamas Rep. Please pay for your ticket when you register. Leave 6:30 pm, return 10:30 pm. Fare is \$25 (includes bus & play ticket). ***Sept. 12th**—Hike Oxbow Park.. Oxbow park offers miles of trails for us to explore. Bring a lunch, we'll bring the coffee. Leave 9am, return 2pm. Fare is \$7. **Sept. 16th**—Mt. Angel Oktoberfest. Oompah! Music, vendor booths, food & more at this annual festival. Leave 10am, return 3pm. Fare: \$20 (includes bus). **Sept. 23rd**—Tigard Thrift Shops. Union Gospel, Salvation Army Treasures, Value Village & Goodwill. Lunch at Davidson's. Leave 8:30 am, return 3pm. Fare: \$10 (includes bus). **Sept. 30th**—Portland Greek Festival. Wonderful food, music, candy, baked goods & gifts await you at the Portland Greek Festival. Learn about the Greek Orthodox religion at the beautiful church. Leave 9am, return 2pm. Fare \$20 (includes bus & lunch).

Conservation of Water

Here are some tips to help reduce water consumptions this summer: 1) Irrigate smart! Water your lawn only between the hours of 8pm and 10am. 2) Refrain from washing cars except at commercial establishments that recycle or reuse water in their cleaning process. 3) Nonessential use of water including recreation, remodeling, construction and cleaning uses (i.e. power washing) is discouraged. These water conservation measures in homes or business can help mitigate the effects of reduced water flow by keeping excess water where it belongs—in the river.



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Library—135 E. Dartmouth St.

CITY MEETINGS:

***City Council**—2nd Tuesday & 4th Tuesday (if necessary) - 6:30 pm—in the City Hall Council Chambers

***Planning Commission**—3rd Tuesday (as needed) - 6:30 pm
In City Hall Council Chambers

***Library Board**—1st Tuesday—6:30 pm—City Hall Conference Room

***Traffic Safety**—4th Monday (as needed) - 6:30 pm—City Hall Conference Room

***Park & Recreation**—1st Monday (as needed) - 7:00 pm
In City Hall Conference Room

***Senior Center Advisory**—held quarterly—3rd Tuesday—3:30 pm—Gladstone Senior Center

Copies of City Council and Planning Commission meeting packets and previous newsletters are on our website at www.ci.gladstone.or.us

Neighbor Law

The City receives requests from residents about settling issues between neighbors that the City does not regulate. These issues include requests to: place trash and recycling cans out of public view to help maintain neighborhood livability, to not feed stray cats that may attract unwanted pets to a neighbor's yard or place of business, to trim overhanging tree limbs, locate property lines, move fences, etc. Many of these legal issues were settled years ago and resolution of current issues between neighbors is now typically settled by mediation instead of being litigated in court. Locating property lines must be completed by a surveyor. You may contact Clackamas County Surveyor's Office at 503-742-4475, or email surveyor@co.clackamas.or.us to see if a survey has been conducted on your property. For more information on additional issues on neighbor law you may check out "Neighbor Law: Fences, Trees, Boundaries and Noise" by Cora Johnson at the Gladstone Library.

Fire Hydrants—Remember Fire Code requires a 3 foot clearance around all fire hydrants. Seasonal crews performing fire hydrant maintenance and painting are part way through the City performing these tasks. Please give attention to the fire hydrant on your property and cut back the grass and bushes. If you have any questions please contact Michael Funk, Fire Marshal at 503-557-2775 before the maintenance crew arrives and cuts your landscaping back. As always; never park in front of a fire hydrant.

Local Meetings—

◆ The next Gladstone Business Owners & Managers meeting is Wednesday, September 14th from 5:00-7:00 p.m. at Dr. Robert

Everett's Dental Office, 325 Portland Ave. Hosted by Dr. Everett. Questions? Contact Doug Loose at DougLoose46@gmail.com or 503-595-5379.

◆ The Gladstone Historical Society is

looking for new members! For additional info. check out their website, www.gladstonehistoricalsociety.org. Guests always welcome! Old photos of the community & ideas are needed.

