

GLADSTONE CITY NEWSLETTER

February 2021

For the latest information about our City, visit www.ci.gladstone.or.us

VOLUME 47 NO 3

Understanding Your Utility Bill

Safe Drinking Water Delivered to Your Home

Water Charges Include:

- •Base meter charge: Covers the costs that are ongoing regardless of amount of water used (pipes, pumps, hydrants, reservoir maintenance and meeting state and federal requirements).
- •Water conservation block rate charges: Covers costs associated with the amount of water used. Water is measured in ICCF increments, which equals 748 gallons per unit.
- •Treatment: Pass-through charges of \$0.7486 per unit is included in the block rates, passed along to residents from the water treatment plant.

Water Conservation

As of January 1, 2020, the City started charging only for the water used, in addition to the base meter charge. All water usage is charged based on the water conservation block rate, which is below.

From 1-6 units	\$ 1.55 per unit
From 7-10 units	\$ 2.49 per unit
Units greater than 10	\$ 3.43 per unit

Sewer Removed From Your Home and Treated

Sewer Charges Include:

- •Treatment: Pass through charges are not determined by the City, but passed through from the treatment plant.
- •Collection: City costs associated with the operation and maintenance of the waste water collection system (Pipes, pumps and meeting state and federal requirements).

Stormwater Managed to Protect Homes and Rivers

Stormwater Charges Include:

•Stormwater: City costs associated with the operation and maintenance of the stormwater collection system, such as pipes and storm drains, to reduce flooding and keep the rivers and streams clean while meeting state and federal requirements.

Improving the Public Right of Way

Right of Way Charges include:

•A 5% right of way charge is included in all water, sewer and stormwater fees.

Account Number: 10-00593-01 Gladstone (ladstone, oR 97027 web: www.ci.gladston phone: 503.656.5225 Bill Date: 01/31/2021 Due Date: 02/10/2021 Service Dates: 12/30/20 To 01/31/21 Customer Name: CHARLES AMES Service Address: 123 HAPPY ROC Previous Current Reading Reading Charge 1/5/21 502 508 \$28.86 Water - Base Rate Water - Consump Sewer Charges Sewer Collection \$32.26 Sewer Subtotal \$58.46 Storm Water Charges \$13.20 Storm Water Subtotal Total New Charges Previous Balance \$87.89 Adjustments so oo The City of Gladstone applies a 5.0% ROW charge within the monthly utility service charges to reserve funds for improvement of infrastructure within the city right of way. It is important to note: The Right of Way Fee has NEVER increased the monthly base rates, it was/is subtracted from the existing rates, and reserved for future repairs and improvements. Customer Name: CHARLES AMES Service Address: 123 HAPPY ROCK Account Number: 10-00593-01 ITY OF GLADSTONE Due Date: 02/10/2021 Amount Due: \$109.82 GLADSTONE, OR 9702 Make Check Payable to: City of Gladstone Amount Enclosed \$ CHARLES AMES

City Board, Commission and Committee Appointments

At the January 12, 2021 your City Council made the following appointments to City Boards, Commissions and Committees: Cierra Cook, Neal Reisner and Drucilla Weiland to the Audit Committee; Cierra Cook, Riley Hartman, Michael Milch and Neal Reisner to the Budget Committee and Bill Osburn, Nathan Page and Ernest "Mike" Wiley to the Traffic Safety Advisory Board. Thank you to our outgoing members and thank you to all of our residents who volunteer their time to serve on boards, commissions and committees that advise the City Council!

At the February 9, 2021 meeting, the City Council will consider requests for appointments and reappointments to two (2) terms on the Planning Commission, five (5) terms on the Park & Recreation Advisory Board and four (4) terms on the Senior Center Advisory Board.

Retirement of Steve Graves, Parks & Streets Supervisor



December 31st was more than New Year's Eve for the Public Works Dept. it was a day to celebrate our co-worker and friend Steve Graves. Steve has worked for the City of Gladstone for thirty years and 8 months during which time he has been a pillar of the Public Works Dept., he is known to residents and city staff as someone who will always go the extra mile to get things done with a friendly smile and most likely a story. His knowledge of the city infrastructure and Gladstone history for the last thirty years has been a substantial benefit to the dept. as we progressed through countless improvements over the last five years. We want to take this opportunity to recognize Steve's service and thank him for always being someone we could look too. Congratulations Steve, we hope you enjoy retirement and wish you luck in all your future endeavors!

Gladstone Fire Marshal Mike Funk Retires



safety note to the community!

years (the last 24.5 years this City and the Fire Department.

your Fire Marshal). I have worn many badges; Firefighter, Engineer, Dept. for over 2/3 of my life. Lieutenant, Battalion Chief, Assistant Chief and Fire Marshal. I have Michael Funk, (grandpa) – formerly Fire Marshal Mike. 🙂

This will be my last served under 10 Fire Chiefs during this time and with hundreds of the best young men and women you would ever want to work with. I have and will continue to cherish the lasting friendships with those I It has been my honor have served with. The firefighters that remain to serve you today as I and privilege to serve retire, are some of the best educated and dedicated people I have seen the City of Gladstone as over my career. I am leaving you in great hands.

a member of Gladstone January 31st was my last day as your Fire Marshal. As of February 1st, I Department. I am proudly donning a new badge. While this new badge will not be joined the Fire Dept. as worn on a fire department uniform shirt, I will wear it with just as volunteer firefighter at much pride as my Fire Marshal badge, which has meant so much to the age of 19. I have me for all these years. My new badge will be that of "Grandpa". While served the citizens of this badge will not be a physical piece of hardware, it is time to focus Gladstone for almost 43 on being Grandpa and time to prioritize my family over my love for

in a full-time position as THANK YOU all for the opportunity to serve you through the Fire

Fire Marshal Mike's Top 10 Safety Tips for 2021

You may ask why these tips and why repeat something I may have seen before? My quick and simple answer is that these are the leading causes of fires in Gladstone. If you heed the safety reminders, it may lessen your chances of having a fire or medical emergency in 2021.

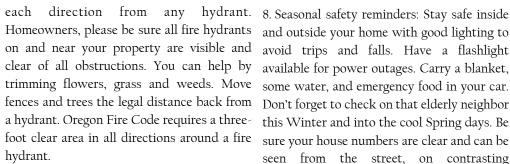
- 1. Always dispose of fireplace ashes in a metal bucket and place it outside away from any combustibles. Never use a paper bag for your ashes and do not place the ashes inside your garage until you are positive the ashes are cold inside and out.
- 2. When was the last time you cleaned your bathroom fan? Sure, they always seem to work when we flip the switch, but are they working well? Over time these fans collect a coating of dust and dirt inside them. We need to go further than just vacuuming the front surface of these devices. Next time pull the face plate off and clean up into the fan.

We responded to several of these type of fires in 2020. Don't become part of our 2021 fire statistics. Clean your fan this week.



- 3. Remember: outdoor burning of leaves, branches, lawn clippings, berry bushes, construction debris, garbage and other like substances is not allowed in the City of Gladstone. Recreational fires are allowed only with dry, seasoned, firewood and then the fire must be small and attended at all times. When burning outdoors, have a water hose or bucket nearby. Detailed information can be found at https:// www.ci.gladstone.or.us/fire
- Hydrants: For firefighters to effectively use a fire hydrant we do two important things. We must be able to locate

about 10 feet at the curb line in causes of house fires.



- 5. Fire Lanes: Please never park in a Fire Lane. Not even for just a minute. Marked fire lanes need to remain clear and unobstructed during all hours, every day. This includes all businesses and schools.
- 6. Do you have a home phone, or only a cell phone? When you call 911 on a cell phone you will most likely get a recording saying you have reached 9-1-1, do not hang up. For help say "HELP" after the tone. 911 centers receive thousands of accidental 911 cell phone dials answer all questions the 911 operator asks. every year - which has necessitated the recording system. Go to https:// www.clackamas.us/911 for great information about cell phones dialing 9-1-1.
- 7. When was the last time you replaced the batteries in your smoke alarm? Is your smoke alarm over 10 years old? Even if it beeps indicating the battery works, if the unit is over 10 years old it has become or is becoming unreliable. What about your kitchen? How

safe are you while cooking? Your kitchen is full of appliances that heat up. Please be sure



it and be able to easily access it. that anything that is combustible (cereal box, Please be sure that you never park plastic bread wrapper, food container) is all in front of a fire hydrant and kept away from the stove top, the toaster, or obstruct it from view and easy any other source of heat in your kitchen. This access. You should always leave is a quick example of the most common

direction from any hydrant. 8. Seasonal safety reminders: Stay safe inside seen from the street, on contrasting

> background and lighted so our firefighters can find you in the dark when you need us.



9. Have your medical information up to date and available for Firefighters. About 70% of the emergencies Gladstone firefighters respond to are calls for emergency medical needs. Be ready for a series of personal questions that help us determine the proper course of action for your loved one. Be sure to The information is relayed to the medical responders while in route to your home. We come to the door with the needed help and tools when given the proper information.

10. Store any flammables and combustible materials in accordance with manufacture recommendations. Do not store inside your attached garage if there are other options. If your attached garage contains gas for the lawn mower, fuel to operate a BBQ, or any combustible materials like paper and cardboard; be sure all products are separated from any heat sources.

Stay Safe, Michael Funk, Fire Marshal

2021 Business License Renewals

Business license renewals are due January 1st of each year. For businesses located within Gladstone the fee is \$100, plus \$5 per employee over 3 Full Time Equivalent employees, an additional \$50 fee is required for any NEW business being operated out of a home. For rental properties, the base fee of \$100 is required along with an additional \$25 for one rental unit, \$50 for 2-5 rental units, \$75 for 6-12 rental units or \$100 for 13+ rental units. Business license applications may be downloaded from the city's website at www.ci.gladstone.or.us. Questions can be emailed to bl@ci.gladstone.or.us.

Upcoming City Meetings

Due to COVID-19 and current State regulations, all City meetings are being held virtually.

Upcoming meetings are as follows: February 9th: Gladstone City Council will be meeting at 6:30 pm, February 16th: Gladstone Planning Commission will be meeting at 6:30 pm, February 22nd: Traffic Safety Advisory Board will be meeting at 6:00 pm. For more information and directions regarding how to join all City meetings, please visit https:// www.ci.gladstone.or.us/meetings

City of Gladstone Low Income Assistance Program

The City of Gladstone provides residential customers a Low Income Utility Assistance Program which permits a reduced monthly charge for City billed services such as Water, Sewer and Stormwater services. As shown in the City's Master Fees & Charges Schedule, the reduced rates are 50% of the base rate only, for each type of utility.

Qualifications:

- A residential customer of Gladstone with one or more utility services provided by the City.
- The property is the principal residence and occupied by the applicant.
- No delinquent payments owed to the City, including utilities, court fines, and any other assessed fees or charges.
- Written application must be submitted on the City form and include all requested documentation for proof of income from all sources listed, from all income earners.
- Approval expires every year on June 30th and re-qualification must be submitted with current information annually.
- •The Finance Department will notify all applicants of approval or denial in writing. If denied the applicant will have the ability to appeal within ten days from the date of the denial letter.

Income Limits:

- Based upon Housing and Urban Development (HUD) Income Limits/Very Low Income Limits (50% of Median Family Income) for the Portland-Vancouver-Hillsboro, OR-WA MSA as published at HUD.gov and updated annually. Limits in effect as of July 1 will apply for the fiscal year period.
- Income limit areas are based on the current fiscal year Fair Market Rent (FMR) areas.
- Income levels are incrementally based on households of one to eight persons.

More information can be found on the City's website at www.ci.gladstone.or.us/finance/page/low-income-utility-assistance-program. For questions, contact the Utility Billing Department by email: ub@ci.gladstone.or.us or phone: 503-557-2771.

Winter Driving Tips



🏿 Plan your route. Check GET HOME our Winter Weather Center to see the snow and ice routes nearest you.

- Check road and weather conditions throughout Oregon by visiting ODOT's TripCheck.
- Buy chains. Practice putting them on in dry weather, carry them in your vehicle, and use them. Check PBOT's Winter Weather Road Closure and Chain Advisory page for details.
- Make sure your tires are properly inflated, and have good tread, to avoid skidding, drifting, or hydroplaning.
- · Look out for pedestrians and people biking.
- Travel gently. Drive, turn, and brake slowly.
- Turn on your lights to increase your visibility to other travelers.
- Do not pass snow plows or emergency equipment. In fact, give our crews even extra room. To keep our crews safe from coronavirus, vehicles will only have one person in them, the driver. That means no extra set of eyes to see you.
- Obey all street closures and barricades. Violations may result in steep penalties.
- When visibility or conditions worsen, do NOT stop in a travel lane. Look for a safe, legal space off our plow routes to park or wait for conditions to improve
- Carry an emergency weather kit. Helpful items to include in addition to chains are a snow shovel, bag of sand, jumper cables, first aid kit, basic tools (pliers, wrench, screwdriver and knife), blanket and warm clothing, extra food and water, cell phone and extra charger, and flashlight.

Additional tips can be found on ODOT's Winter Travel Tips page at https://www.oregon.gov/odot/pages/winter- driving.aspx

Environmentally Conscious Deicing

The City of Gladstone will be utilizing a new tool this winter driving season, one that takes the quality of our nearby rivers and waterways into consideration. We will be using a liquid deicing material that is also used by surrounding cities and counties. Sourced from the Oregon Department of Transportation (ODOT), magnesium chloride (MgC12) with rust inhibitor; is an effective way to provide a safer road surface during winter driving conditions. Use of the deicing agent helps to reduce the use of sand, which reduces impact on air quality, water quality and aquatic habitat.

The City of Gladstone will use the lowest application rate necessary to achieve the desired road conditions. The product being used also meets the strict requirements of the Pacific Northwest Snow fighters Consortium. The city wants to make every effort to protect

our nearby waterways, while still providing safe roadways. Plowing, sanding and deicing are all part of keeping the roadways safer. However, drivers have a shared responsibility to drive at speeds that are appropriate for road conditions and if at all possible, to delay travel until conditions are more favorable.

Legend Road Closed City Limits

Know before you go, review the City of Gladstone's Hazardous Weather Response map (located above). You can also visit Oregon's travel information website at http://www.tripcheck.com, or by calling 511 you can get information on the latest road conditions.

Clackamas Water Environment (WES) Services

Despite unprecedented challenges in 2020, WES reached major milestones in projects that will strengthen our ability to serve our customers in Gladstone. To learn about the accomplishments that we will build upon in the new year, please take a few moments to read our 2020 Annual Report located at https://dochub.clackamas.us/ documents/drupal/14420d5a-7d27-416a-905b-a051c95891b1

Report a Streetlight Problem

Know of a streetlight that's out, flickering or on all day? Tag the pole with florescent tape (available at Gladstone Public Works, 18595 Portland Ave), make note of nearest address, cross street, map number & pole number (map and pole numbers are found on the pole tag- 3-inch round or oval metal tag located at eye level on the pole) and contact PGE at 503-612-4685 or email lightout@pgn.com.

Audit Reports

The past five years of audit reports for the City of Gladstone and Gladstone Urban Renewal Agency are posted on the city's website, https://www.ci.gladstone.or.us/finance/page/ financial-documents.

Pedestrian Safety



Whether it be in a parking lot, crosswalk, or on a road, everyone is a pedestrian.

Pedestrian safety is crucial to know for both pedestrians and motor vehicle operators.

Drivers and pedestrians have a shared responsibility to follow the rules of the road and to act safely and responsibly on America's roads. Remaining alert for all road users and focusing on the road, sidewalk, crosswalk, or however you may be traveling helps everyone get to their destination safely. While it is the responsibility of the driver to stay alert and aware of their surroundings, there are also actions the pedestrian can take to stay safe, like being predictable and using crosswalks or intersections if possible, and walking on a sidewalk or path when one is available.

Clear Storm Drains to Protect Your Property and Our Water



Regularly clearing your storm drains of leaves and debris helps reduce flooding and property damage while protecting watershed health and the quality of our drinking water.

Follow these tips:

- Find the storm drain grates in the street by your home or business and clear them of leaves and debris.
- Use a rake or pitchfork to clear leaves, limbs, and debris from the storm drain. Do not try to remove the grate, only the debris on top of it.
- When leaves fall into the street, rake them at least one foot away from the curb so they won't block the path of rainwater. Please do not rake or blow leaves from your yard into the street.
- Never dump anything into a storm drain. For the more than 190,000 people living and working in Clackamas County, Clackamas Water Environment Services produces clean water and protects water quality. Providing

innovative resource recovery services, stormwater management and environmental education, it's our job to ensure that residents and visitors enjoy the benefits of safe, healthy water for generations to come.

Learn more at <u>clackamas.us/wes/education</u>

A Minute of Gladstone History - by Kim Argraves Huey, Gladstone Historical Society Historian.

This month, we are sharing three unusual questions from our email charity was self-supporting, relying completely on the industry of the inbox. 1. Where was the cemetery in Gladstone? 2. What was the big nuns and the generosity of the public. No sooner had the home building (in Park Place) that could be seen from the old trolley opened its doors then children from all sorts of difficult situations bridge? 3. Who was Jim Petty?

First the building. Surprisingly, it seems that quite a few Gladstone residents remember a large grand-looking building sitting amidst vegetable gardens and an orchard that was easily viewed when driving to Oregon City via 82nd Drive Bridge to Washington St. strange dark tower standing in this same location, surrounded by brush and weeds, and looking quite haunted.



The date has fallen into dispute, but sometime between 1893-1897, during a 2-year period, the Catholic Sisters of the Good Shepherd arrived from Portland and purchased a fifty-acre working farm with orchard in Park Place, the location of which was described as being one mile from Oregon City, opposite the town of Gladstone, and near the eastside Railway (trolley) tracks. On land first owned by Charles Pickett and lastly by Amos Lovejoy (founder of Portland, Oregon), the sisters built an impressive 3-story building that eventually included two dormitories, a nursery, 4 bathrooms, two schoolrooms, recreation hall, laundry, kitchen, and a heating plant. They named their new orphanage "Magdalen Home for Orphans

Under the management of live-in nuns, the orphanage operated with www.gladstonehistoricalsociety.org.

The Gladstone Historical Society receives some interesting email. the help of several trained nurses and a few facility workers. The arrived. Not all were orphans. Some were unwanted, abandoned, or abused. During the orphanage's years of operation, as many as 99 children were in residence at one time, with their ages ranging from 1 day to 13 years.

In 1902, the Sisters of the Good Shepherd were reassigned back to Others have recounted to us that they remember seeing only a Portland and the orphanage was taken over by the Sisters of Mercy who renamed it "St Agnes Founding Home" (later St. Agnes Baby Home). These sisters did much to bring the plight of their children to the public eye. Every Sunday and Thursday afternoons the nuns hosted an open-house at which the public was invited to meet their "well-behaved and charming charges". St Agnes soon became a favorite charity of Gladstone residents, especially Jim Petty. The men of Gladstone supplied automobile transportation for the children to visit Washington Park and the zoo, to attend movie house shows in Oregon city, and other outings. Gladstone ladies organized social events that gifted the orphanage with clothes, food, money, picnic meals, and ice cream. And a number of Gladstone families adopted St. Agnes children.

> In 1944, the Sisters of Mercy were replaced by the Sisters of Mercy and Providence who continued to operate the orphanage until 1952. At that time, the orphanage was closed, the remaining children relocated, and the building dismantled.

> So, what was the strange dark tower? While the orphanage was being torn down, a fire of unknown origin occurred. The dark tower is believed to have been the charred remains of the building's dome (as seen in the accompanying photo and located about 1500' from the cemetery). The tower was not removed until the land was sold; sometime in the late 1950s or early 1960s. (To be continued.) More photos of Charles Pickett's land and the St. Agnes Baby Home can be seen in "Images of America - Gladstone", from Arcadia Publishing, available from the Gladstone Historical

Planning & Permits



The City of Gladstone contracts with Clackamas County for administration of the City's land use planning and building permits; including plumbing, electrical, grading, and more. For more information regarding planning

and building permits, visit the county's website, clackamas.us/building or call 503-742-4510.

Rivers East Village now serving Gladstone

Rivers East Village is a non-profit organization that serves local older adults. The goal is to support members living in their homes and help them stay connected to their communities. Volunteers provide a variety of services and socialization, for a low cost annual membership fee. Services include rides, errands, occasional household or garden chores. Call 971-808-2340 or email info@riverseastvillage.org for more information, or to schedule an informational visit from our volunteers.

Gladstone City Newsletter

If you have a community event you would like to see in the upcoming Gladstone City Newsletter, please send it to kratz@ci.gladstone.or.us. Articles are due on or before the 18th of each month to appear in the upcoming Newsletter.

Fans Don't Let Fans Drive Drunk

Super Bowl has become synonymous with drinking and celebrating, making roads on Super Bowl weekend dangerous. Remember that it is never okay to drink and drive. Even if you've had only one alcoholic beverage, designate a sober driver or plan to use public transportation or a ride service to get home safely. The decision to not drink and drive should never be a tough one. Drunk driving is illegal and can be deadly — to the driver, to his or her passengers, and to other road users. Alcohol consumption lowers inhibitions, causing you to make bad decisions you would not otherwise make. Do not trust yourself to make good decisions once you begin drinking. Do you have a friend who is about to drink and drive? Take the keys away and make arrangements to get your friend home safely. To help keep people safe on the streets and put an end to drunk driving, Gladstone Police Department, along with other agencies, will be out in full force in support of the 2021 Super Bowl Drive Sober or Get Pulled Over campaign.

Winter is Coming, Prevent Frozen Pipes

Winter is coming, which means you have hoses and exterior water spigot. some maintenance to do around your home to prepare for the colder weather. Frozen pipes can burst and become one of the most expensive home disasters you can deal with. The damages caused by frozen water pipes can be catastrophic. Just one burst pipe in a home running at 4-8 gallons a minute from a burst pipe can do tens of thousands of dollars' damage in a manner matter of minutes.

Preventing Frozen Pipes: What to Do

- Allow a small trickle of cold water to run from your faucet. This will keep water moving in your pipes, preventing
- Open under-sink cabinet doors to keep warm room air circulating around pipes.
- Use a small fan to help circulate air under your cabinets
- External openings such as basement DO NOT use any open flame or electric doors, windows and crawl spaces should be sealed with weather stripping, caulk and sealant
- Insulate external and exposed pipes with pipe insulation.
- Take the time before the first freeze of the season to drain out the sprinkler system. Disconnect, drain and store all

How to Thaw Frozen Pipes

If there is no water flowing from your faucets at all, you most likely have frozen or burst pipes. Many times, the exterior of the pipe will be frozen as well. If you know that you have a frozen pipe, take these measures to begin the thawing process.

- Turn off the "Main" water valve to the house, open a faucet to allow melted water to flow through. Open the lowest hot and cold faucets in your home, i.e, basement laundry tray. Be aware that if the water to your house is shut off, it may also turn off any fire protection system you may have.
- Wrap towels soaked in warm water around the pipes or purchase electric pipe warmers.
- heater directly to the piping as this could cause electrocution.



Vegetation and Water Quality

Trees, forests and other vegetation affect water quality by slowing and reducing stormwater runoff. Trees reduce runoff through rainfall interception by the tree canopy, and by releasing water into the atmosphere through evapotranspiration. Trees also promote infiltration of water through the soil and increases the storage of water in the soil and humus on the forest floor. With no tree canopy, rain falling on impervious urban surfaces such as parking lots, roofs, and streets gathers pollutants. The cumulative effect of tree canopy is to temporarily detain rainfall and gradually release it, regulating the flow of stormwater runoff downstream and thereby preventing some of the pollutants in rainfall and on urban surfaces from being transported to local waterways. Trees provide additional water quality benefits through uptake of pollutants from the atmosphere, soil and groundwater. Research provided by The Center for Watershed Protection shows that trees can intercept between 6% to 66% of rainfall. Urban trees can transpire from 0.2 to 46.7 gallons per



tree per day! Streamside vegetation helps to create fish habitat and keep the waters cool for our native aquatic life. For more information about streamside vegetation management, contact Gladstone Public Works at 503-656-7957, or North Clackamas Urban Watershed Council at 503-550-9282.

February is American Heart Month

It's no secret February is all about hearts but not just the candy



It's also American Heart Month, a time the nation turns its attention to keeping families and communities free from heart disease, the No. 1 killer of Americans.

The federally designated event reinforces the importance of heart health and the need for more research, with a reminder to get families, friends and communities involved. It's a tradition that's over half a century strong. The first proclamation was issued by President Lyndon B. Johnson in February 1964, nine years after he had a heart attack. Since then, the president has annually declared February American Heart Month.

The American Heart Association's Heart Fund twins surround then-Vice President Lyndon B. Johnson in 1961, three years before he issued the first proclamation declaring February American Heart Month.

With organizations such as the American Heart Association and others working together, millions of people are enjoying longer, healthier lives. But despite all the progress, heart disease remains the single largest health threat to Americans — just as it was when LBJ was alive.

Cardiovascular disease (heart disease and stroke combined) kills about 2,300 a day. Obesity in both youth and adults is at an all-time high, youth are being diagnosed with heart disease earlier than ever and people just ZIP codes apart can live 25 years less than their neighbors because of disparities in health. American Heart Month is vital for awareness, but the American Heart Association urges people to take care of their hearts year-round. Consider the facts:

- Heart disease kills more people than all forms of cancer combined.
- Heart attacks affect more people every year than the population of Dallas, Texas.
- 83% believe that heart attacks can be prevented but aren't motivated to do anything.
- 72% of Americans don't consider themselves at risk for heart disease.
- And 58% put no effort into improving their heart

While science is advancing medicine in exciting new ways, unhealthy lifestyle choices combined with rising obesity rates in both kids and adults have hindered progress fighting heart disease.

The good news is that heart disease is preventable in most cases with healthy choices, which include not smoking, maintaining a healthy weight, controlling blood sugar and cholesterol, treating high blood pressure, getting at least 150 minutes of moderateintensity physical activity a week and getting regular checkups.

The first Friday of the month, Feb. 5, is National Wear Red Day. Coast to coast, landmarks, news anchors and neighborhoods will go red to raise awareness and support for heart disease. For more information, visit goredforwomen.org.

Article taken from American Heart Association

Gladstone Municipal Code

Do you have a question about fence height, setbacks, zoning, traffic or park regulations? If so, the Gladstone Municipal Code is online at www.codepublishing.com/OR/Gladstone/.

Safe Sidewalks



You and your neighbors have a right to expect Gladstone sidewalks to be in good condition and free of defects in order to prevent possible injury. Typically sidewalks are a safe haven for pedestrians. Well-maintained sidewalks help

create a vibrant community. Unfortunately, tree roots, ground settlement, freezing weather, and other acts of nature can damage sidewalks. Property owners are responsible for maintaining the sidewalk and planting strip abutting their property. This includes keeping sidewalks clear of debris such as leaves, ice, snow, weeds, and overgrown shrubs. Trees must be pruned to allow safe pedestrian and vehicle passage. A defective sidewalk is one that creates an unreasonable risk of danger to persons or property. For example, if a portion of the sidewalk is elevated enough to cause someone to trip, it is considered an unreasonable risk.

The Gladstone Municipal Code, 8.04.100 states that maintenance of sidewalks, curbs, and driveways is the responsibility of the abutting property owners. Any vertical uplift exceeding ½ inch is a violation of city code and the sidewalk must be repaired. Contact Code Compliance at 503-557-2763 or sboyle@gladstoneoregon.us if you have any questions.

Liquor License Renewals

The Oregon Liquor Control Commission (OLCC) advises the City yearly for businesses that are eligible for a liquor license renewal. Oregon Revised Statues (ORS) 471.166 establishes the process for local governments to make recommendations of approval or denial to the OLCC. The City is requesting residents express any concerns about currently OLCC licensed businesses. Please direct comments or concerns to bannick@ci.gladstone.or.us.

Energy Assistance

In addition to Clackamas County's usual funding sources, they have received a limited amount of CARES Act funding to address COVID-19 affected households. Eligibility is based on the total gross household income received by all adults age 18+ living in the home. Application and more program information can be found at https://www.clackamas.us/socialservices/energy.html

Clackamas County is clearing and responding to phone messages and online requests in the order they are received. To request an application over the phone, please call 503-650-5640, listen to the menu options and choose the one that is most appropriate for you, be sure to leave all requested information. The application can also be found at https://www.clackamas.us/socialservices/energyassistance. The Clackamas County Team is responding as quickly as they can and ask for your patience while providing public service and keeping our community and staff safe.

Planning Ahead for Severe Weather



As winter approaches, it is a good time to make sure you are prepared for all it may bring.

Create an emergency plan for winter with your family and work colleagues with an emphasis on working from home, taking public transit, and having an emergency meeting

location. Visit https://tripcheck.com/ to view the road conditions nearest to you.

Make a checklist for your home, business, and vehicle. Property owners, tenants, and businesses should have supplies on hand, such as ice melt and snow shovels to clear sidewalks as well as pathways across their driveways. They should also be prepared to warn the public of overhead dangers around the property such as falling snow or ice and prepared to keep ditches, culverts, and trash racks clear of debris that could impact runoff.

Carry snow chains for your vehicles, at a minimum. Other items that should be in your emergency weather kit should include: snow shovel, bag of sand, jumper cables, first aid kit, basic tools (pliers, wrench, screwdriver and knife), blanket and warm clothing, extra food and water, cell phone and extra charger, and flashlight.

Stay informed. Sign up at https://www.publicalerts.org/

for emergency notifications from all regional agencies via text, email, or phone. Go to https://tripcheck.com/ to track real-time weather, traffic, road closures, and plow information.

Stock up on provisions such as food, water, clothes, and medications you, your family, your pets, or your business will need in case you are stranded by winter weather at home or on the road in your vehicle.

Check in with vulnerable neighbors who may need help stocking up on supplies ahead of a storm or clearing their sidewalks afterward.

Prepare to move your car off our snow and ice routes to give room for snow plows and other equipment.

City Office Closures

Gladstone City offices will be closed Monday, February 15, 2021 in observation of Presidents Day.

A Message from Our Community Cat Rescue

Hello neighbors! Just a reminder that kitten season is upon us. Please reach out to us for help with trapmeyer-return of feral cats. Also if you see a nest of kittens do not disturb them. Reach out to us. We can get them and mama. We are always seeking fosters if you are looking for a rewarding volunteer opportunity. If you shop Fred Meyer you can add us as your Community Rewards designee as well as Amazon Smile. Thank you!

Email: <u>ourcommunitycatrescue@gmail.com</u>

GHS Senior Grad Party

GHS Senior Grad Party organizers would like to Thank the Gladstone Community for their on going support! Last months can and tree recycling was very successful.

Current Fundraisers:

- •Still take cans/bottle donations.
- •Super Bowl Squares https://superbowlpoolsite.com/ contest/37665?p=I66EZAT6
- •April/May- Order flowers just in time for Mother's Day. Contact ghs2021gradparty@gmail.com

Get Social

Connect with the City of Gladstone on Facebook, Instagram and Twitter. Stay up-to-date with all the latest news and events happening around you.

Free Meal Pickup every Monday

Through June 30, 2021, Gladstone Schools will provide weekly pickup of 10 free meals per youth age 1-18. Meal pickup is at Kraxberger Middle School, 17777 Webster Road.

Get 5 breakfasts + 5 lunches per youth age 1 to 18 All are welcome. We are an equal opportunity provider. Drivethrough pickup is <u>every Monday from 11 a.m. to 12:30p.m. or from 4-6 p.m.</u> Children need not be present at pickup.

Fundraiser for 8th Grade Graduation Party

Bottle/can drive fundraiser: Save your bottle & cans to support Kraxberger 8th grad party! Saturday, February 20, 2021 from 10-2. Drop off at Kraxberger Middle School: 17777 Webster Rd., Gladstone, OR 97027

Email: krax 2025 grad party @gmail.com

Local Telephone Numbers

<i>1</i>	
*City Hall General Business Line	·· 503-656-5225
*Utility Billing/Water/Sewer Acct Info	503-557-2771
*Municipal Court/Traffic Citations	503-557-2772
*Public Works	503-656-7957
*Police Dept. M-F, 8am to 5pm ·····	503-557-2797
*Fire Dept M-F 8am to 5pm	503-557-2776
*Library	
*Senior Center	503-655-7701
*Recreation/Business License	503-557-2766
*Planning	503-742-4510
*Electrical/Plumbing Permits	503-742-4240
*Nuisance Concerns/Code Compliance	503-557-2763
*Gladstone School District	503-655-2777
*Gladstone High School	503-655-2544
*Kraxberger Middle School	503-655-3636
*Wetten Elementary School	503-656-6564
*Gladstone Disposal Company	503-656-9426
*Dept. of Motor Vehicles (DMV)	503-299-9999
*Portland General Electric	503-228-6322
*Northwest Natural Gas	503-226-4211
*Comcast Cable	1-800-934-6489
*Non-Emergency Dispatch	503-655-8211
(option 1 for police or fire calls)	

Library News—135 E. Dartmouth

The Library will be closed Monday, February Bundles, email gladstone@lincc.org, or speak to 15th for Presidents' Day. The Gladstone Public staff directly at 503-655-8540. Library is here for our patrons, even though our •Patrons unable to visit the library can enroll in building remains closed to the public.

- •It's GROW TIME! Our Seeds for Sharing seed library is stocked for the upcoming growing season. Visit clackamas.us/lib/seeds-for-sharing for detailed instructions and seed inventories. Email your order to gladstone@lincc.org. You'll be notified once your order is completed and ready to pick up, please do not attempt to pick up your order until you have been notified.
- No-contact, no appointment holds pickup is available Monday—Saturday, 10am to 6pm. Call 503-655-8540 or ring the bell when you arrive at the library, give staff your name and library card number, your holds will be brought to the table for pick up. Masks are required! While you are there, take a look at our Lucky Day selection of books and DVDs on display and available for checkout during hold pickup.
- •Enjoy your favorite books, songs, and games from the comfort of your living room. Join Teachers Heather and Susannah every Thursday at 10:30am for ZOOM All-Age Storytime. Request the Zoom link and password at gladstone@lincc.org. Password changes weekly.
- Have you 'checked out' our laptops and WiFi hotspots yet? These popular items must be picked up from, and returned to, the Gladstone Public Library during curbside hours. Place your hold today! Did you know our free WiFi operates from 8am to 8pm? Most devices can access it from our parking lot.
- Bundle Builder can help keep you and your family engaged! Let our Librarians help choose a bundle of books or DVDs customized for what you want and when you want it—submit your requests online by visiting clackamas.us/ lib#readyresources - Readers' Advisory and

503-655-8540

- our free Homebound Service, providing library materials (and return) through USPS. Call 503-650-3187 and leave your name and phone number to request an application. Applications are also available online at clackamas.us/ <u>lib#readyresources</u>—Homebound Service.
- •Due dates and hold expiration dates are back, so please pick up and return your items in a timely manner.
- •Our book drop is open 24/7 for your returns. While check-in of items will be delayed for safety, no overdue fines will be charged for items checked in during February (regardless of due
- •Staff is answering phones and emails daily 10am to 6pm, after-hour messages will be returned the next business day: Phone: 503-655-8540 Email: gladstone@lincc.org
- The Oak Lodge & Gladstone Libraries Playlist on Clackamas County's YouTube channel (#ClackCo TV) is growing. Learn how to register for an eCard, play and sing along to kids' songs and games, and more.
- •Free passes to local venues are available at culturalpass express.quipugroup.net with your card number and PIN. Passes are now available for patrons with temporary eCards, too!
- •The Oak Lodge and Gladstone Community Project's Master Plan was approved by the Board of County Commissioners on January 14! Visit <u>clackamas.us/communityproject</u> for information.
- For updates, watch <u>clackamas.us/lib</u> and Gladstone Public Library's Facebook and NextDoor posts; lincc.org also offers service updates on all libraries in Clackamas County and information on using online resources.

Gladstone Public Library Foundation (GPLF) Updates

As if things couldn't get any crazier, 2021 has started off with a bang. We had hoped to have another virtual book and gift sale in time for Valentine's Day, but it was a bit premature. However, you can go into our website, https://gpl- foundation.org., click onto shopping, browse, and make a purchase or two. This virtual store is similar to our Twice Sold Tales but with a smaller special selection. We are still hoping to have our annual sale in August.

For the time being the Fred Meyer's Rewards program is one of a few sources we have for raising money for our new library. We hope you'll join (if you haven't already) the program and link it to the Gladstone Public Library Foundation. There's no cost involved. address is: https:// www.fredmeyer.com/i/community/ community-rewards.

If you want to learn more about us, interested in attending one of our meetings, please visit our website at: https://gpl-foundation.org. Our mailing address is: GPLF, PO Box 146, Gladstone, OR 97027-0146. Better yet, donate online through our website Every penny goes to support our library. Please join with us on this journey to building a new library.

"I have lived a thousand lives and I have loved a thousand loves. I've walked on distant worlds and seen the end of time. Because I read." George R.R. Martin - Author

Please stay safe, stay healthy, and read.

CITY OF GLADSTONE 18505 PORTLAND AVENUE **GLADSTONE, OR 97027**



POSTAL CUSTOMER

PRE-SORT STANDARD RATE U.S. Postage **PAID** Gladstone, OR Permit #28

Public Works Department—18595 Portland Ave Senior Center—1050 Portland Ave

City Meetings:

*<u>City Council</u>—2nd Tuesday & 4th Tuesday (if necessary) - 6:30 pm—in the City Hall Council Chambers

*Planning Commission—3rd Tuesday (as needed) - 6:30 pm In City Hall Council Chambers

*<u>Library Board</u>—1st Tuesday—6:30 pm—City Hall Council Chamber

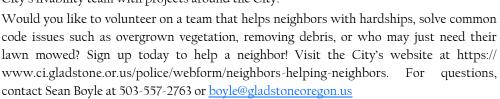
*<u>Traffic Safety</u>—4th Monday every other month (as needed) - 6:00 pm—City Hall Council Chambers *Park & Recreation—2nd Monday (as needed) - 6:30 pm

In City Hall Council Chambers *Senior Center Advisory—held bi-monthly

Tuesday— 3:00 pm—Gladstone Senior Center Copies of City Council and Planning Commission packets are website meeting on our www.ci.gladstone.or.us

Neighbors Helping Neighbors

Here is a great opportunity to give back to your community. Neighbors Helping Neighbors is Gladstone's new, innovative way to help people with hardships, the elderly or help those who have code enforcement issues on their property. The program will allow a team of community volunteers to help those in need deal with minor yard issues rather than immediately turning to enforcement. The volunteers will assist the City's livability team with projects around the City.



Local Meetings-