



Home delivered meals and food boxes

Food box delivery

If you are a resident of Gladstone age 60 or older and need assistance with obtaining enough food to eat, the Gladstone Senior Center can help. We have partnered with the Gladstone Food Pantry to provide food boxes for those seniors in need. Those that wish to participate will be able to “shop” from a list of products available each week and chose what they need. The Senior Center will then arrange to deliver the food box to each client. Products that are currently available at the Food Pantry will still be offered as well as any current offerings of fresh fruit and vegetables. Food boxes will be delivered weekly, bi-weekly, or even monthly based on the needs of individual clients.

Home-bound meals

The Senior Center also provides meals for home-bound clients. These meals are delivered three times a week and include milk, fresh fruit (when available), dessert, and a main course. As with the food boxes, the only eligibility requirement is age 60 or older residing in Gladstone. At this time we can only accommodate Diabetic restrictions for clients.

Don't hesitate to ask for assistance

All services are offered and performed following all current CDC safety practices. This assistance is free and has no restrictions. We understand that during these challenging times it may be difficult to obtain products you need. Please don't hesitate to reach out to us for assistance, we are here to help. We are all in this together.

Gladstone Senior Center

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