



Gladstone Senior Center Quick Reference Guide

1050 Portland Ave. Gladstone, Or. 97027

| Service | Day(s) offered | Time |
|--------------------------------------|---|---|
| Lunch | Tuesday through Thursday | 11:45 am |
| Transportation-Personal Appointments | Tuesday through Thursday | Based on availability- call to schedule |
| Transportation- Lunch | Tuesday through Thursday | Pick up starts at 10:30 am- call to schedule |
| Transportation- Shopping | Every Wednesday-Safeway 1 st Tuesday- Fred Meyers 3 rd Tuesday- Walmart | Pick up starts at 12:45 pm- call to schedule |
| Legal Clinic | 1 st Tuesday of each month | By appointment only- call to schedule |
| Foot Clinic | 2 nd Tuesday of each month | By appointment only- call to schedule |
| Flu Shot/ Health Clinic | Varies on season | By appointment only- call to schedule |
| AARP Tax Assistance | Fridays during the tax season, February to April. | By appointment only- call to schedule |
| Activity | Day(s) offered | Time |
| Bingo | Tuesday | After lunch |
| Bunco | Wednesday | After lunch |
| Pinochle, Board Games, and Cribbage | Thursday | After lunch |
| Bridge | Friday | 12 pm |
| Pool Table | Monday through Friday | All day |
| Chair Exercise | Tuesday and Thursday | 10:15 am |
| Programs | Day(s) offered | Time |
| Book Club | 3 rd Monday of each month | 10 am |
| Gold Star Potluck | 1 st Monday of each month | 12 pm |
| Friday Excursions | Varies | Varies, please see latest issue of the City newsletter for list of trips. |

For all inquiries, scheduling, and assistance please call (503) 655-7701

Please visit us online at: <https://www.ci.gladstone.or.us/sc>

Hours of operation: Monday through Friday 8:00 am to 5:00 pm.

List current as of April 22, 2019